

Northern Virginia Swimming League

RELCARAL STANDARDS 18th fastest time Short Course Meters**Girls 8 & Under**

	ALL*	
100 Free Relay	1:25.98	
100 Medley Relay	1:39.84	

Girls 9-10

	ALL*	
100 Free Relay	1:09.81	
100 Medley Relay	1:19.04	

Girls 11-12

	ALL*	
100 Free Relay	1:00.84	
100 Medley Relay	1:07.75	

Girls 13-14

	ALL*	
200 Free Relay	2:05.14	
200 Medley Relay	2:19.44	

Girls 15-18

	ALL*	
200 Free Relay	1:57.20	
200 Medley Relay	2:09.07	

Girls 18 & Under

	ALL*	
200 Free Relay	2:04.56	

Boys 8 & Under

	ALL*	
100 Free Relay	1:22.97	
100 Medley Relay	1:36.49	

Boys 9-10

	ALL*	
100 Free Relay	1:09.03	
100 Medley Relay	1:19.35	

Boys 11-12

	ALL*	
100 Free Relay	1:00.20	
100 Medley Relay	1:07.97	

Northern Virginia Swimming League

RELCARAL STANDARDS 18th fastest time Short Course Meters**Boys 13-14****ALL***

200	Free Relay	1:56.56
200	Medley Relay	2:10.19

Boys 15-18**ALL***

200	Free Relay	1:44.01
200	Medley Relay	1:54.98

Boys 18 & Under**ALL***

200	Free Relay	1:58.95
-----	------------	---------
