

# ***NVSL All Star Relay Carnival***

***July 10th 2024 at 4 PM***

***Hosted by Rutherford Area Swim Club***

<b>Facilities</b>	No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be available.
<b>Warm-Ups</b>	Warm-ups are per the schedule. Swimmers must clear the pool in a timely manner. Relay starts not permitted at any time. One way sprint lanes available in designated lanes. Entrance to the pool for Warm-Ups will be through the "Swimmer Only" entrance at the Clerk of Course.
<b>Results</b>	As events end, results will be posted at meet. Full results can be found on the NVSL website after the conclusion of the meet. <a href="http://www.myNVSL.com">www.myNVSL.com</a>

2:00 PM Viewing Area opens to public

2:00 PM Warm-Ups:

- \* 13-14 Boys and Girls 2:00 - 2:15
- \* 11-12 Boys and Girls 2:16 - 2:30
- \* 9 – 10 Girls 2:31 – 2:41
- \* 9 – 10 Boys 2:42 – 2:52
- \* 8 & U Girls 2:53 – 3:03
- \* 8 & U Boys 3:04 – 3:14
- \* 15 – 18 Girls 3:15 - 3:29
- \* 15 – 18 Boys 3:30 - 3:44

3:15 PM Relay Take-off Judges Briefing

3:30 PM Stroke & Turn Judges Briefing

3:30 PM Timers Briefing

3:30 PM Marshals Briefing

3:44 PM Competition Pool is cleared

3:45 PM Welcome Announcements and First Event is called to Clerk-of-Course

Announcement of the 2024 NVSL Scholarship Recipients

3:55 PM National Anthem performed by Emma Townsend

4:00 PM Meet Starts - Mixed Age/Medley/Free

~6:00 PM Intermission

~6:15 PM Freestyle Relays Begin

~8:00 PM Meet Ends

~8:45 PM Pool grounds close to swimmers and the public

## **NVSL Oath for Swimmers**

As representatives of the SWIMMERS competing in this meet, we promise that we will follow the NVSL Rules and Standards of Conduct in the true spirit of sportsmanship.

## **NVSL Oath for Officials**

As representatives of the OFFICIALS competing in this meet, we promise that we will be impartial in enforcing the NVSL Rules and Standards of Conduct.