

2025 NVSL All-Star Relays@LP - 7/9/2025

Northern Virginia Swimming League

Psych Sheet - NVSL ASR

Event 1 Girls 18 & Under 200 SC Meter Freestyle Relay Mixed Age

	Team	Relay	Seed Time
1	Old Keene Mill		1:57.50
2	Chesterbrook		1:58.25
3	Tuckahoe		1:59.20
4	Langley		2:00.63
5	Highlands		2:00.91
6	Lakeview		2:01.39
7	Little Rocky Run		2:01.61
8	Overlee		2:02.15
9	Mantua		2:02.26
10	Camelot		2:02.50
11	Vienna Aquatic		2:02.57
12	Vienna Woods		2:02.68
13	Hiddenbrook		2:02.89
14	Lee Graham		2:03.01
15	Kent Gardens		2:03.09
16	Fair Oaks		2:03.14
17	Fairfax		2:03.39
18	Sleepy Hollow BR		2:03.46
19	Villa Aquatic		2:03.81

Event 2 Boys 18 & Under 200 SC Meter Freestyle Relay Mixed Age

	Team	Relay	Seed Time
1	Overlee		1:50.19
2	Tuckahoe		1:50.21
3	Mantua		1:50.96
4	High Point Pool		1:53.85
5	Canterbury Woods		1:54.31
6	Donaldson Run		1:54.57
7	Shouse Village		1:54.97
8	Fairfax		1:55.16
9	Chesterbrook		1:55.35
10	Wakefield Chapel		1:55.96
11	Vienna Aquatic		1:56.18
12	South Run		1:56.47
13	Cardinal Hill		1:56.69
14	Fair Oaks		1:56.88
15	Shra		1:57.03
16	Virginia Run		1:57.10
17	Poplar Tree		1:57.67
18	Parklawn		1:57.69
19	Forest Hollow		1:57.80

Event 3 Girls 8 & Under 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Wakefield Chapel		1:21.64
2	Tuckahoe		1:26.59
3	Old Keene Mill		1:27.13
4	Chesterbrook		1:28.53
5	Sleepy Hollow BR		1:29.47

6	Donaldson Run	1:29.51
7	Arlington Forest	1:29.83
8	Langley	1:30.83
9	Poplar Heights	1:31.35
10	Vienna Aquatic	1:31.43
11	Hiddenbrook	1:32.03
12	Kent Gardens	1:32.19
13	Mt Vernon Park	1:32.25
14	Vienna Woods	1:32.50
15	Oakton	1:32.70
16	Overlee	1:33.50
17	Somerset-Olde Cr	1:33.81
18	Pinecrest	1:33.88
19	Canterbury Woods	1:34.20

Event 4 Boys 8 & Under 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Old Keene Mill		1:21.46
2	Tuckahoe		1:22.02
3	Highlands		1:24.50
4	Chesterbrook		1:25.40
5	Kent Gardens		1:27.00
6	Lakeview		1:29.43
7	Dominion Hills		1:31.32
8	LittleHuntingPrk		1:31.40
9	Fair Oaks		1:31.72
10	High Point Pool		1:32.18
11	Vienna Woods		1:32.62
12	Sully Station		1:32.83
13	Burke Station		1:33.18
14	Springboard		1:34.75
15	Wakefield Chapel		1:35.14
16	Overlee		1:35.22
17	Arlington Forest		1:35.34
18	McLean		1:35.77
19	Great Falls		1:35.88

Event 5 Girls 9-10 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Tuckahoe		1:08.47
2	Chesterbrook		1:10.22
3	Old Keene Mill		1:10.28
4	Crosspointe		1:11.21
5	Overlee		1:12.46
6	Lakeview		1:12.91
7	Oakton		1:14.20
8	Vienna Woods		1:14.71
9	Highlands		1:15.07
10	Little Rocky Run		1:15.34
11	Donaldson Run		1:15.65
12	Hiddenbrook		1:15.69
13	Lee Graham		1:16.03



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Event 5 ... (Girls 9-10 100 SC Meter Medley Relay)

	Team	Relay	Seed Time
14	Holmes Run Acres		1:16.53
15	Kent Gardens		1:16.94
16	Fox Hunt		1:16.95
17	Vienna Aquatic		1:17.59
18	Villa Aquatic		1:17.71
19	Greenbriar		1:18.88

Event 6 Boys 9-10 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Donaldson Run		1:07.70
2	Overlee		1:09.25
3	Tuckahoe		1:12.88
3	Oakton		1:12.88
5	Rolling Hills		1:13.41
6	Orange Hunt		1:13.47
7	Fox Hunt		1:14.31
8	Chesterbrook		1:14.78
9	High Point Pool		1:14.95
10	Forest Hollow		1:15.24
11	Poplar Heights		1:15.93
12	Lakevale Estates		1:15.96
13	Sully Station		1:16.21
14	Fairfax		1:16.26
15	Hunt Valley		1:16.34
16	LittleHuntingPrk		1:16.88
17	Hiddenbrook		1:17.55
18	Mantua		1:18.00
19	Wakefield Chapel		1:18.03

Event 7 Girls 11-12 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Chesterbrook		1:02.81
2	Old Keene Mill		1:04.00
3	Rolling Hills		1:04.40
4	Tuckahoe		1:04.44
5	Parliament		1:04.56
6	Langley		1:05.09
7	Oakton		1:05.29
8	Crosspointe		1:05.81
9	Overlee		1:05.92
10	Kent Gardens		1:05.93
11	Highlands		1:06.21
12	Lee Graham		1:06.40
13	High Point Pool		1:06.65
14	Canterbury Woods		1:07.30
15	Donaldson Run		1:07.35
16	Fairfax		1:07.46
17	Sleepy Hollow BR		1:07.56
18	Springboard		1:07.57
19	Camelot		1:07.75

Event 8 Boys 11-12 100 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Fair Oaks		1:01.03
2	Wakefield Chapel		1:01.59
3	Overlee		1:03.37
4	Tuckahoe		1:04.23
5	Old Keene Mill		1:04.37
6	Highlands		1:04.39
7	LittleHuntingPrk		1:04.43
8	Fox Hunt		1:05.28
9	South Run		1:05.64
10	Vienna Aquatic		1:06.76
11	Lakeview		1:06.94
11	Highland Park		1:06.94
13	Lake Braddock		1:07.09
14	Hunt Valley		1:07.38
15	Truro		1:07.43
16	Crosspointe		1:07.52
17	Dominion Hills		1:07.56
18	Mantua		1:07.69
19	Cardinal Hill		1:07.94

Event 9 Girls 13-14 200 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Overlee		2:04.96
2	Chesterbrook		2:07.01
3	Highlands		2:07.09
4	Parklawn		2:07.34
5	Tuckahoe		2:07.59
6	Old Keene Mill		2:07.77
7	Dowden Terrace		2:09.71
8	Fox Hunt		2:10.45
9	Fair Oaks		2:10.46
10	Oakton		2:11.77
11	Hamlet		2:12.31
12	Vienna Woods		2:12.96
13	Sleepy Hollow BR		2:14.56
14	Mantua		2:14.59
15	Kent Gardens		2:15.06
16	Hunt Valley		2:16.08
17	Wakefield Chapel		2:16.18
18	Vienna Aquatic		2:16.64
19	Little Rocky Run		2:16.88

Event 10 Boys 13-14 200 SC Meter Medley Relay

	Team	Relay	Seed Time
1	Crosspointe		1:56.88
2	Highlands		1:58.65
3	Chesterbrook		1:59.84
4	Hiddenbrook		2:02.43
5	Fairfax Club Est		2:02.81



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Event 10 ... (Boys 13-14 200 SC Meter Medley Relay)

Team	Relay	Seed Time
6 Oakton		2:03.47
7 Overlee		2:03.78
8 Shra		2:03.94
9 Rolling Valley		2:05.22
10 Old Keene Mill		2:05.90
11 Rolling Forest		2:05.95
12 Lakeview		2:06.12
13 Wakefield Chapel		2:06.19
14 McLean		2:06.41
15 Mantua		2:06.94
16 Tuckahoe		2:07.06
17 Woodley		2:07.76
18 Vienna Aquatic		2:07.91
19 Cottontail		2:08.93

Event 11 Girls 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 Fairfax		1:59.82
2 Chesterbrook		2:03.19
3 Old Keene Mill		2:03.81
4 Donaldson Run		2:04.88
5 Vienna Aquatic		2:05.52
6 LittleHuntingPrk		2:05.66
7 Sleepy Hollow BR		2:06.54
8 Dunn Loring		2:06.64
9 South Run		2:06.67
10 Highlands		2:06.91
11 Ravensworth Farm		2:06.96
12 Overlee		2:07.59
12 Hunt Valley		2:07.59
14 Little Rocky Run		2:07.84
14 Stratford		2:07.84
16 Langley		2:07.92
17 Villa Aquatic		2:07.94
18 Hunter Mill		2:08.16
19 Vienna Woods		2:08.93

Event 12 Boys 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 Greenbriar		1:49.86
2 Oakton		1:49.96
3 Vienna Aquatic		1:50.14
4 Fair Oaks		1:50.19
5 Orange Hunt		1:50.45
6 Tuckahoe		1:50.47
7 Hamlet		1:51.15
8 Hunt Valley		1:51.28
9 Overlee		1:51.50
10 Hiddenbrook		1:51.70
11 Poplar Tree		1:51.92

12 High Point Pool	1:52.03
13 Sully Station	1:52.16
14 Lee Graham	1:52.22
15 Wakefield Chapel	1:52.62
16 Highlands	1:52.72
17 Canterbury Woods	1:52.83
18 Shra	1:53.38
19 Langley	1:53.45

Event 13 Girls 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Wakefield Chapel		1:11.78
2 Old Keene Mill		1:16.77
3 Chesterbrook		1:17.78
4 Donaldson Run		1:18.06
5 Highlands		1:18.90
6 Tuckahoe		1:19.22
7 Poplar Heights		1:19.54
8 Fair Oaks		1:19.77
9 Arlington Forest		1:19.86
10 Vienna Aquatic		1:19.94
11 Vienna Woods		1:20.28
12 Little Rocky Run		1:20.70
13 Oakton		1:20.79
14 Hollin Meadows		1:21.39
15 Kent Gardens		1:22.01
16 Mt Vernon Park		1:22.07
17 Sleepy Hollow BR		1:22.56
18 Langley		1:22.77
19 Canterbury Woods		1:22.88

Event 14 Boys 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Tuckahoe		1:11.67
2 Highlands		1:13.00
3 Old Keene Mill		1:13.26
4 Chesterbrook		1:14.07
5 Lakeview		1:17.31
6 Dominion Hills		1:17.87
7 Great Falls		1:18.57
8 Sully Station		1:18.62
9 Vienna Woods		1:19.02
10 Kent Gardens		1:19.71
11 Hunt Valley		1:20.44
12 LittleHuntingPrk		1:20.89
13 Waynewood		1:20.91
14 McLean		1:21.03
14 Wakefield Chapel		1:21.03
16 Burke Station		1:21.78
17 Pinecrest		1:22.25
18 Fairfax		1:22.26
19 Hiddenbrook		1:22.46



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Event 15 Girls 9-10 100 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Tuckahoe		1:01.22
2	Old Keene Mill		1:02.02
3	Chesterbrook		1:02.20
4	Crosspointe		1:04.27
5	Little Rocky Run		1:04.70
6	Lee Graham		1:05.64
7	Highlands		1:05.80
8	Lakeview		1:05.96
9	Oakton		1:06.94
10	Donaldson Run		1:07.63
11	Overlee		1:07.94
12	Vienna Aquatic		1:08.69
13	Fox Hunt		1:08.77
14	Hamlet		1:09.03
14	Fairfax		1:09.03
16	Hiddenbrook		1:09.17
17	Shouse Village		1:09.22
18	Virginia Hills		1:09.26
19	Holmes Run Acres		1:09.52

Event 16 Boys 9-10 100 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Overlee		1:02.62
2	Donaldson Run		1:02.87
3	Oakton		1:03.94
4	Orange Hunt		1:04.41
5	Rolling Hills		1:05.41
6	High Point Pool		1:05.76
7	Chesterbrook		1:05.97
8	Lakevale Estates		1:06.21
9	Poplar Heights		1:06.38
10	Fox Hunt		1:06.51
11	Virginia Hills		1:06.76
12	Mantua		1:06.85
13	Tuckahoe		1:06.88
14	Fairfax		1:07.56
15	Wakefield Chapel		1:07.64
16	Sully Station		1:07.65
17	Hunt Valley		1:08.13
18	Shouse Village		1:08.21
19	Fair Oaks		1:08.38

Event 17 Girls 11-12 100 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Old Keene Mill		56.97
2	Chesterbrook		57.12
3	Langley		58.09
4	Tuckahoe		58.72
5	Highlands		58.75

6	Overlee	58.78
7	Oakton	58.87
8	Lee Graham	58.94
9	Rolling Hills	59.30
10	Donaldson Run	59.34
10	Canterbury Woods	59.34
12	Crosspointe	59.52
13	Parliament	59.60
14	Fairfax	59.78
15	Springboard	1:00.08
16	Lakeview	1:00.20
17	Kent Gardens	1:00.46
18	Camelot	1:00.82
19	Vienna Aquatic	1:01.23

Event 18 Boys 11-12 100 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Fair Oaks		54.82
2	Wakefield Chapel		56.53
3	Overlee		56.93
4	South Run		57.72
5	Crosspointe		58.16
6	Tuckahoe		58.31
7	Old Keene Mill		58.44
8	Fox Hunt		58.47
9	LittleHuntingPrk		58.57
10	Chesterbrook		58.60
11	Mansion House		59.06
12	Highlands		59.15
13	Canterbury Woods		59.25
14	Parklawn		59.27
15	Vienna Aquatic		59.31
15	Lakeview		59.31
15	Shouse Village		59.31
18	Hunt Valley		59.59
19	Shra		59.72
19	Truro		59.72

Event 19 Girls 13-14 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Overlee		1:52.66
2	Parklawn		1:54.53
3	Tuckahoe		1:54.66
4	Chesterbrook		1:56.78
5	Old Keene Mill		1:56.90
6	Highlands		1:57.13
7	Oakton		1:57.96
8	Fair Oaks		1:58.21
9	Mantua		1:59.09
10	Fox Hunt		1:59.18
11	Kent Gardens		1:59.27
12	Dowden Terrace		2:00.00



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Event 19 ... (Girls 13-14 200 SC Meter Freestyle Relay)

	Team	Relay	Seed Time
13	Wakefield Chapel		2:00.57
14	Vienna Woods		2:02.63
15	Hamlet		2:02.87
16	Sleepy Hollow BR		2:02.98
17	Langley		2:03.44
18	Little Rocky Run		2:03.59
19	Waynewood		2:03.72

Event 20 Boys 13-14 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Crosspointe		1:46.57
2	Chesterbrook		1:47.25
3	Oakton		1:48.76
4	Highlands		1:49.65
5	Hiddenbrook		1:49.77
6	Shra		1:50.02
7	Donaldson Run		1:50.71
8	Fairfax Club Est		1:51.99
9	Old Keene Mill		1:52.08
10	Rolling Forest		1:53.03
11	Overlee		1:53.28
12	Mantua		1:53.32
13	Woodley		1:54.12
14	Tuckahoe		1:54.29
15	Pinecrest		1:54.33
16	Waynewood		1:54.47
17	Vienna Aquatic		1:54.51
18	Wakefield Chapel		1:54.60
19	Lakeview		1:55.37

Event 21 Girls 15-18 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Fairfax		1:51.32
2	Chesterbrook		1:51.53
3	Donaldson Run		1:52.65
4	Langley		1:53.28
5	Dunn Loring		1:54.01
6	Ravenworth Farm		1:54.19
7	Sleepy Hollow BR		1:54.85
8	LittleHuntingPrk		1:54.88
9	Crosspointe		1:54.90
10	South Run		1:55.11
11	Hunter Mill		1:55.19
12	Old Keene Mill		1:55.75
12	Tuckahoe		1:55.75
14	Vienna Aquatic		1:56.33
15	Brandywine		1:56.52
16	Highlands		1:56.72
17	Wakefield Chapel		1:56.75
18	Vienna Woods		1:56.91

19 Hunt Valley 1:57.28

Event 22 Boys 15-18 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Oakton		1:39.19
2	Fair Oaks		1:39.75
3	Overlee		1:39.90
4	Vienna Aquatic		1:40.75
5	Orange Hunt		1:40.77
6	Hamlet		1:40.86
7	High Point Pool		1:41.16
8	Tuckahoe		1:41.20
9	Greenbriar		1:41.72
10	Hunt Valley		1:41.81
11	Sleepy Hollow BR		1:42.28
12	Fairfax Club Est		1:42.34
13	Mantua		1:42.40
14	Wakefield Chapel		1:42.55
15	Pinecrest		1:42.67
16	Old Keene Mill		1:42.78
17	Sully Station		1:42.88
18	Chesterbrook		1:43.20
19	Canterbury Woods		1:43.53

